***Half Moon Yoga, LLC. Student Liability Waiver (Online only)*** *update: 6/2020*

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Phone #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Yoga can be a physically demanding activity. It is vitally important that you are in a physical condition that will allow you to participate without presenting danger to yourself or others. If you have any concerns that a health condition, injury, or previous lack of physical activity may put you at risk of personal injury or discomfort, please seek the advice of your physician before taking a class.

I, the undersigned, fully understand and agree to the following:

1. I am participating in a yoga class/workshop offered by Half Moon Yoga online. I

recognize that any physical exertion may be strenuous and may cause injury.

2. I am fully aware of the risk and hazards involved.

3. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in yoga classes/workshops.

4. I hereby state that I am physically fit and have no medical condition that would prevent my full participation in these classes / workshops.

5. I knowingly and voluntarily waive any claim I may have against Half Moon Yoga Studio and their staff for injury or damages that I may sustain as a result of participation in these activities.

6. I will assume all responsibility to any injury while participating in yoga online with Half Moon Yoga.

I have read the release and waiver of liability and fully understand its content. I

voluntarily agree to the terms and conditions stated above.

Signature of Participant: Date: