**HMY Studio Covid Guidelines**

 **(Revised 8/28/2021)**

Starting immediately, Half Moon Yoga Studio is lowering our capacity to 75%. HMY will respect and honor how each person feels about the changes/opening. We are thinking of your health and safety. We will continue to listen and follow the advice of State and Local officials regarding the status of businesses open during these unprecedented times. Please note, as we continue to move forward, these guidelines may change. Please read the following updates.

**Important Studio Guidelines during Covid-19**

At Half Moon Yoga Studio continues to offer In Studio classes, there are a few updates.

We are implementing the following changes until further notice:

* **We are limiting participation to 8 students for in studio classes and 15 for outdoor yoga & Zoom**.
* **You must sign up online to reserve your space.**  Visit the website, [**www.halfmoon.yoga**](http://www.halfmoon.yoga)or download the Wix App found on the website.
* **You must sign up at least 1 hour BEFORE the class begins.**  If you need to cancel, please **cancel 2 hours** before the class. Our teachers need to prep the studio and we want to respect their time.
* **If you have any cold symptoms and/or don’t feel 100%** please stay home and rest or join us on Zoom. We want to insure everyone’s health and we need you to respect other students attending.
* **Please continue bring your own mat, towel and water bottle to each class.** Spray Sanitizer is available to clean your mat. However, we will rent mats and towels.
* **Hand sanitizer** is available but please feel free to bring your own sanitizer.
* **Zoom Classes are Available:** If the In Studio classes are full or you don’t feel coming to the studio to practice, you may join us through Zoom. Sign up online and a Zoom link will be emailed to you.
* HMY will continue to sanitize the studio and equipment after each class.

We require all students to sign the updated waiver. Download a waiver or come early to class and fill out one as you attend.

Please know that we are thinking of your health and safety of every student. As we navigate through these uncharted waters, please be patient and understanding. With these simple guidelines HMY hopes to make our studio a peaceful and safe place to practice yoga.

Thank you all for your support and understanding as we continue to provide yoga for our yoga family and wish you Health and Wellness.

See you on the mat! Namaste

Laurie - Half Moon Yoga